

# Dementia-Inclusive Resource Centre

## Lobby & Stairwell

The main entrance is each person's first impression of our space. As such, the upgrades to the Alzheimer Society of New Brunswick's resource centre begin as soon as visitors enter the building.



### Entering the building

- We made the entrance free of clutter and have clear signs leading to our office to assist with wayfinding.
- Threshold strips in front of doorways have been removed to reduce the risk of tripping.
- Most buildings use black safety mats at entry ways, which can look like large holes to someone living with dementia. At each entry point, we placed a brightly coloured red safety mat.



### Handrails and stairs

- We used a handrail that contrasts with the wall to help indicate the incline/decline. For a person who is experiencing visio-spatial changes or changes in depth perception, this visual cue can help reduce the risk of falls.
- A handrail on each side of the stairs and reducing the height between each stair can assist with mobility and support the change in gait that often occurs with those living with dementia.
- We have added a brightly colored strip to the first and last stair tread to indicate the edge of the step and the end of the incline/decline. This choice was made to help reduce the risk of falls.

### CONTACT INFO

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